



**C S P B**

**Crux Sancti Patris Benedicti**

*The Cross of our holy father, Benedict*

**C S S M L**

**Crux Sacra Sit Mihi Lux**

*May the Holy Cross be my Light!*

**N D S M D**

**Nunquam Draco Sit Mihi Dux**

*May the Dragon Never be my Guide!*

**V R S N S M V**

**Vade Retro Satana!**

*Get Behind Me, Satan!*

**Nunquam Suade Mihi Vana!**

*Never Tempt me with your Vanities!*

**S M Q L I V B**

**Sunt Mala Quae Libas.**

*What you Offer me is Evil.*

**Ipse Venena Bibas!**

*Drink the Poison Yourself!*